Medial Malleolar Sled™

Surgical Technique | TriMed Ankle Fixation System™
Exposure and Initial Reduction
- Expose medial malleolus with a longitudinal incision.
- Reduce fracture and insert a single 1.1mm (0.045") K-wire in the center of the fragment for temporary fixation.

Preparation for Sled
- Apply the Medial Malleolar Sled Drill Guide against tip of medial malleolus by holding the referencing tab flush against the surface of the proximal fragment.
- Using the Sled Drill Guide, insert two 0.9mm (0.035") guide wires across fracture site deep into the proximal fragment. Confirm position with X-ray.
- Remove the Sled Drill Guide. Using a 2.0mm (yellow) cannulated drill, drill over the 0.9mm guide wires, past fracture site deep enough to accommodate legs of the Sled.

Sled and Wire Engagement
- Tilt Sled up and slide the partially cannulated legs of the Medial Malleolar Sled™ over the guide wires.
- Engage tips of the legs into the distal fragment.
- Remove the guide wires.
Apply Sled Washer

- Seat the groove of the Medial Malleolar Sled Washer Drill Guide against the proximal loop of the Sled and manually compress the fracture.
- Drill two holes with the 2.3mm (red) drill through the guide at an approximate 15° angle. Avoid penetration of the ankle joint.
- Remove the Washer Drill Guide and apply the Medial Malleolar Sled Washer.

Final Fixation

- Insert a 3.8mm cancellous bone screw into the distal hole but do not tighten completely to allow Sled to glide underneath the washer.
- Insert and tighten the second cancellous screw into the proximal hole. The screw head’s profile will push the Sled proximally, compressing the fracture.
- Fully tighten the distal screw to complete fixation.

Sled Insertion

- Impact the Sled until it is fully seated against the distal fragment.
All implants made from surgical grade stainless steel

Medial Malleolar Sled™
MMSLED-35 30mm
MMSLED-42 37mm
MMSLED-60* 51mm
*Special Order

Impactor
IMPCT-SLED

Sled Washer
MMSLEDW

Cancellous Screw
CAB3.8-xx
10mm to 40mm

Medial Malleolar Sled Guide
GDMMSLED-0.9

Medial Malleolar Sled Washer Guide
GDMMSLEDW-2.3

TriMed Ankle Fixation System™

Medial Malleolar Sled™
Sidewinder™
Ankle Hook Plate™

The technique presented is one suggested surgical technique. The decision to use a specific implant and the surgical technique must be based on sound medical judgment by the surgeon that takes into consideration factors such as the circumstances and configuration of the injury.