



TriMed Upper Extremity Seminar

November 8, 2019
Athens, Greece



TriMed Upper Extremity Cadaver Workshop

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Surgeon Faculty and Instructors

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Venue

**Hellenic Association of Orthopaedic Surgery
and Traumatology (HAOST)**
20 Fleming Street, 4th floor
Maroussi, Athens, Greece
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Workshop Agenda

Friday, November 8, 2019

- 08.30 - 08.50 Welcome and Introduction
- 08.50 - 10.10 **Topics:**
- History of the Distal Radius Fractures
 - Essential Radiology for Distal Radius Fractures
 - Surgical Approaches to the Wrist
 - Volar Plate Fixation – Polyaxial Locking
 - What Volar Plates Can't Fix
 - Fragment Specific Fixation of Wrist Fractures
 - Wrist Hook Plates
 - Wrist Fracture Cases
- 10.10 - 10.30 **Break**
- 10.30 - 12.00 **Cadaver Practice**
- 12.00 - 13.00 **Lunch**
- 13.00 - 14.15 **Topics:**
- Malunion of Distal Radius Fractures
 - Ulnar Sided Wrist Pain
 - Ulnar Shortening –
Indications, Techniques and Outcomes
 - Proximal Ulna Fixation
- 14.15 - 14.30 **Break**
- 14.30 - 16.30 **Cadaver Practice**
- 16.30 **Adjourn**

Agenda subject to change