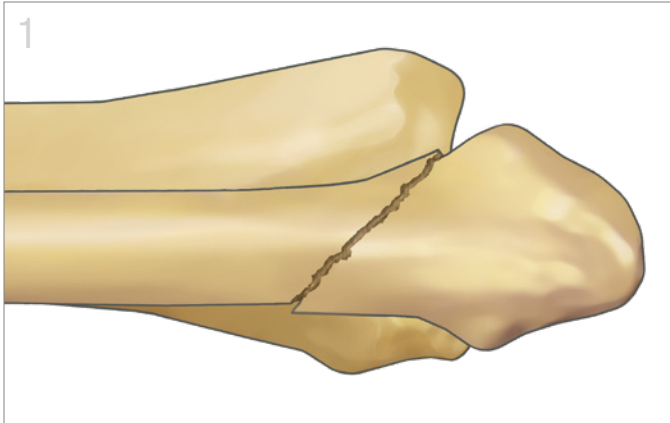


Sidewinder™ Plate

Surgical Technique | *TriMed Ankle Fixation System*



Exposure and Reduction

- Expose lateral malleolus with a standard incision.
- Manually reduce the fracture and hold with a clamp or k-wire.

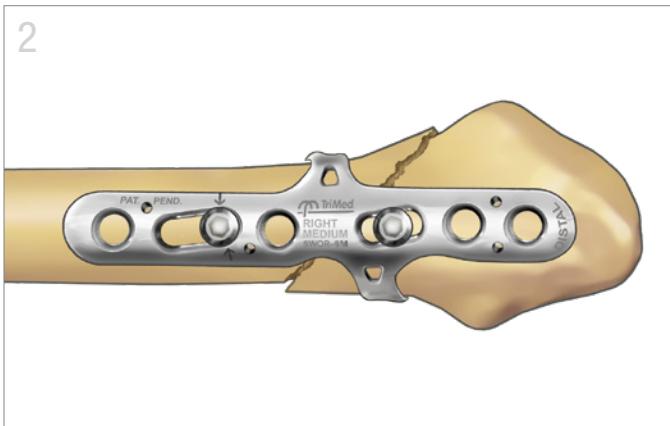
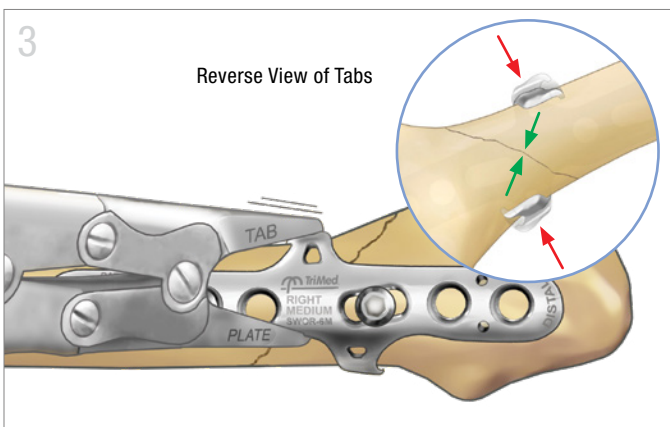


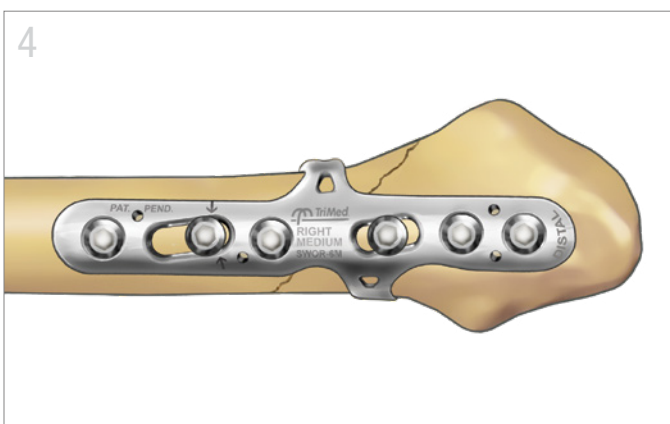
Plate Application

- Select plate with the narrowest tab separation that fits bone.
- Slide plate under clamp and center tabs over the fracture site (see Tip #1).
- Insert 3.2mm cortical screw in proximal slotted hole and 3.8mm cancellous screw in distal slotted hole.



Crimping and Compressing

- Engage the Crimper with 'TAB' jaw over the edge of the tab and 'PLATE' jaw over the opposite edge of the plate.
- Carefully crimp tab to apply desired compression across the fracture site.
- Repeat process for posterior tab.



Complete Fixation

- Complete fixation using cortical screws proximally and cancellous screws distally.

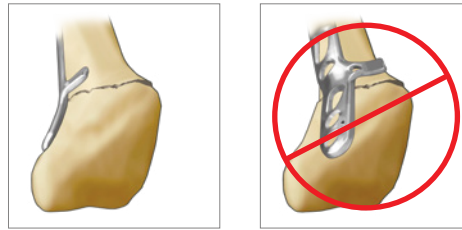


Indications, contraindications, warnings and precautions related to TriMed Ankle Fixation System reference IFU on trimedortho.com/ifu



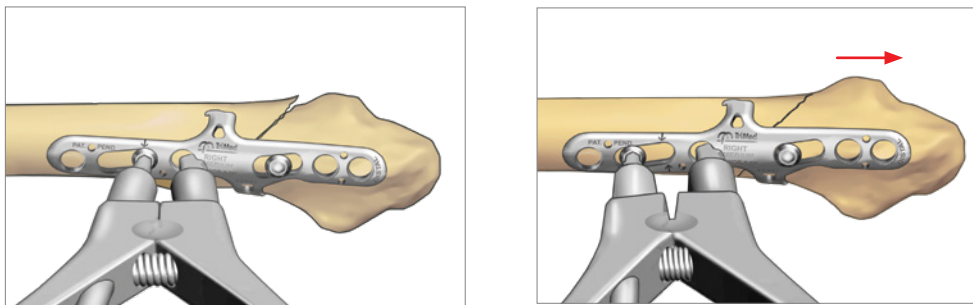
TIPS

1. When positioning plate, ensure there is clearance between anterior tab and tibia to allow room for the Crimper.



2. Expander/Compression Tool may also be used to restore length.

- Place cortical screw in proximal slotted hole at arrow marking.
- Insert screwdriver tip of the Expander/Compression Tool into the screw in the proximal slotted hole.
- Engage the opposite jaw of the Expander/Compression Tool into the adjacent distal hole (as shown). Loosen screw slightly.
- Slowly squeeze Expander/Compression Tool to restore desired length and re-tighten screw.



Surgical technique by Jerry Cush, MD and Robert Medoff, MD

X-RAYS



Pre-Op



Post-Op

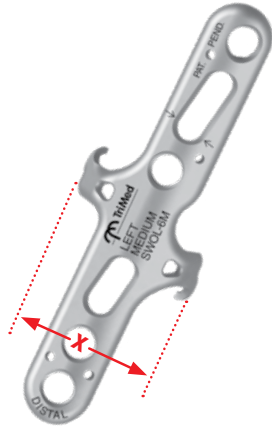
All implants made from surgical grade stainless steel

Sidewinder™ Plate

LEFT
SWOL-6x
SWOL-7x

RIGHT
SWOR-6x
SWOR-7x

x = Width between tabs
N (narrow); M (medium); W (wide)



Cortical Screw

HEX3.2-xx
08mm to 40mm



Cortical Locking Screw

LCBS3.2-xx
08mm to 24mm



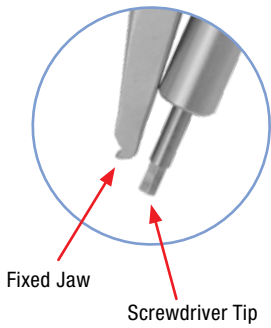
Cancellous Screw

CAB3.8-xx
10mm to 40mm



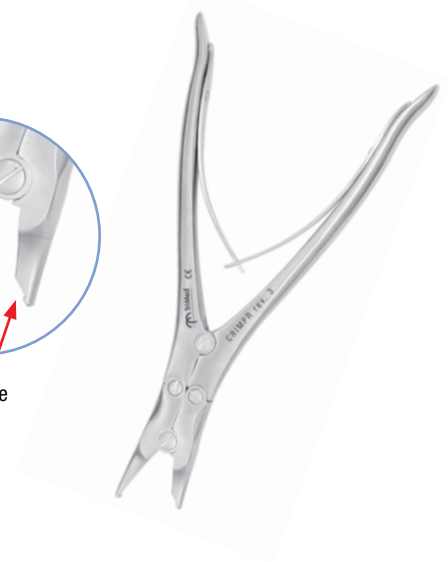
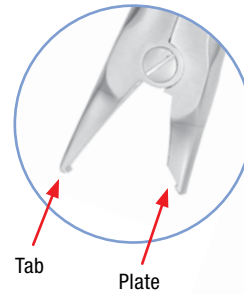
Expander/Compression Tool

XPANDR



Crimper

CRIMPR



TriMed Ankle Fixation System



Sidewinder™



Ankle Hook Plate™



Medial Malleolar Sled®



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The technique presented is one suggested surgical technique. The decision to use a specific implant and the surgical technique must be based on sound medical judgment by the surgeon that takes into consideration factors such as the circumstances and configuration of the injury.

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See trimedortho.com/patents for all patent information.