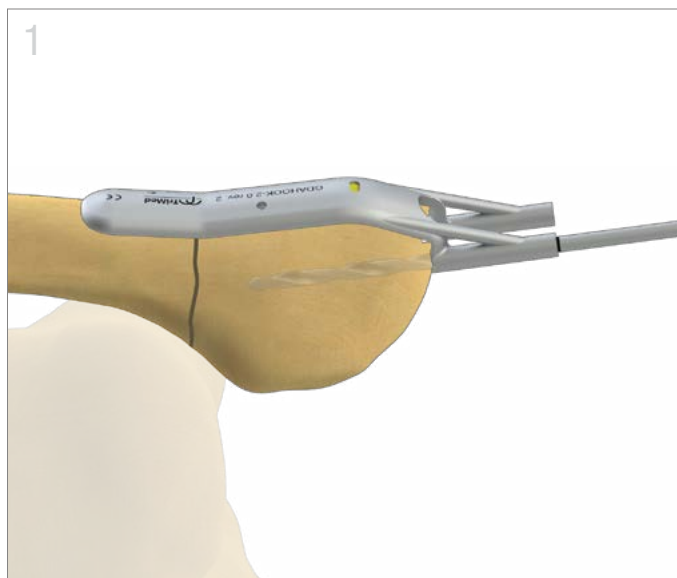




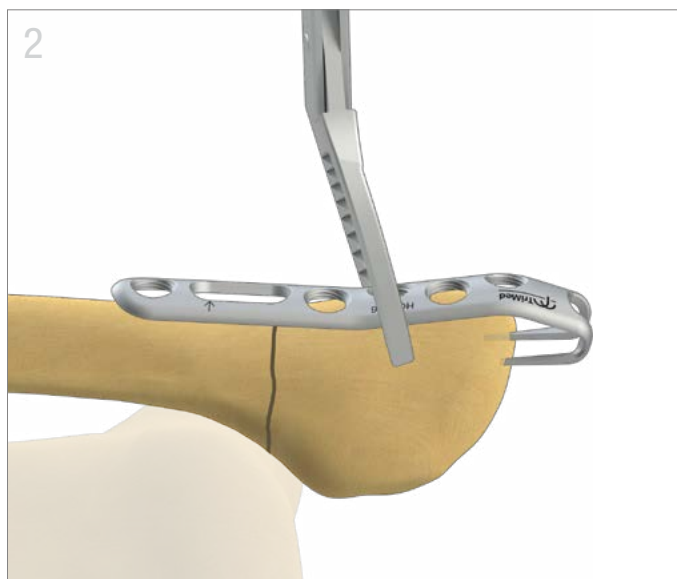
Ankle Hook Plate™

Surgical Technique | *TriMed Ankle Fixation System*



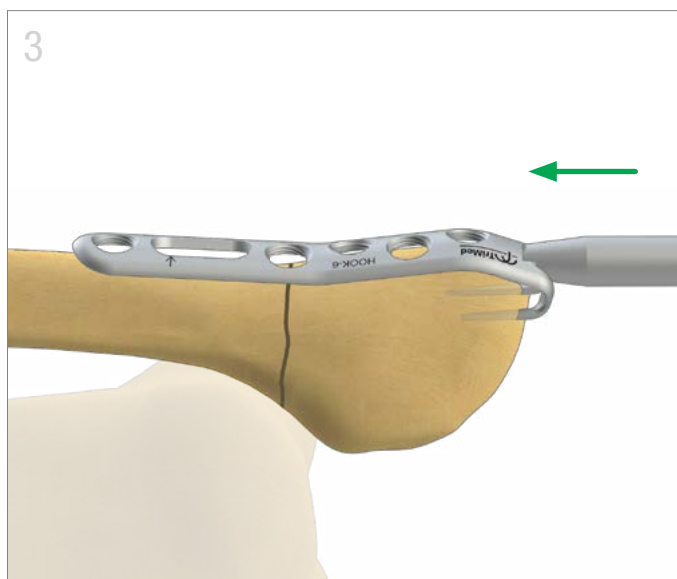
Exposure and Initial Reduction

- Expose the lateral malleolus with a mid-lateral incision.
- Manually reduce the fracture to restore length and axial alignment. Temporarily hold reduction.
- Hold the referencing loop of the Hook Plate Drill Guide firmly on the bone surface with thumb. Drill two holes through the outer cortex of the lateral malleolus with a 2.0mm (yellow) drill.



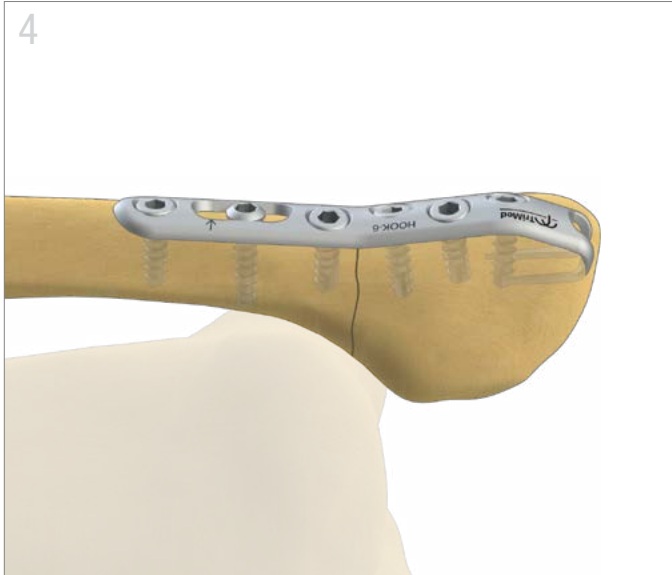
Inserting Hook Plate

- Engage the hooks of the plate into the drill holes in the tip of lateral malleolus.



Seating Plate

- Seat the Impactor between the two hooks and impact the plate into distal fragments.
- Adjust the reduction and place a 3.2mm cortical bone screw into the slotted hole.



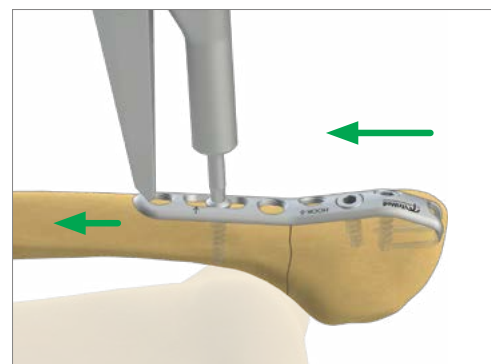
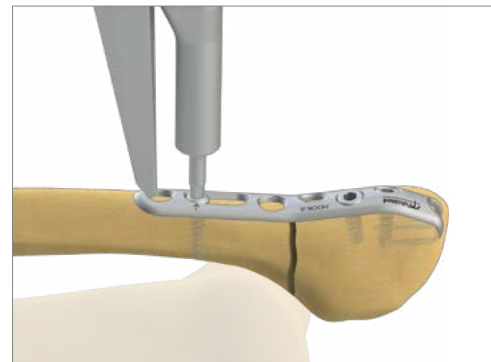
Final Fixation

- Place additional 3.8mm cancellous screws into the distal fragment as needed.
- Use the Expander/Compression tool to compress the fracture as indicated (see Tips).
- Complete fixation of the proximal fragment with 3.2mm cortical bone screws.

TIPS

Technique for Additional Compression

- After securing distal fragment, place a 3.2mm cortical bone screw in the end of the slotted hole farthest from the fracture. Do not completely seat against the plate.
- Engage the driver tip of the Expander/Compression Tool into the screw head. Insert the hook of the Expander/Compression Tool in the adjacent empty screw hole away from the fracture/osteotomy.
- Gently squeeze the Expander/Compression Tool to obtain desired compression. Tighten the slotted hole screw.



All implants made from surgical grade stainless steel

Ankle Hook Plate™

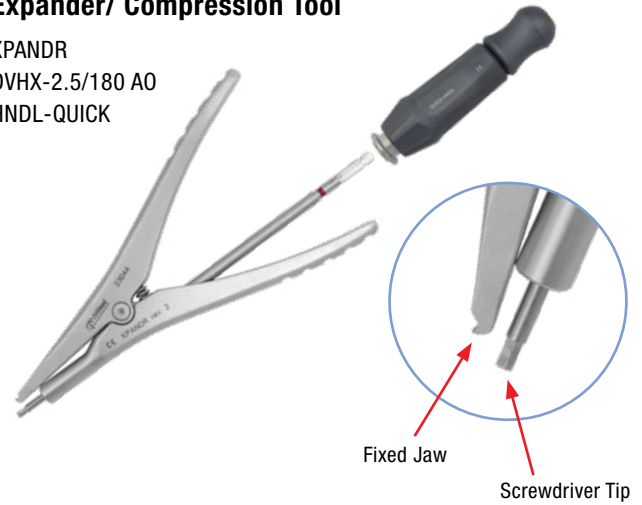
- HOOK-4
- HOOK-6
- HOOK-8
- HOOK-10*
- HOOK-12*

*Special Order



Expander/ Compression Tool

- XPANDR
- DVHX-2.5/180 AO
- HNDL-QUICK



Cortical Screw

- HEX3.2-xx
- 8mm to 40mm



Cortical Locking Screw

- LCBS3.2-xx
- 8mm to 24mm



Cancellous Screw

- CAB3.8-xx
- 10mm to 40mm



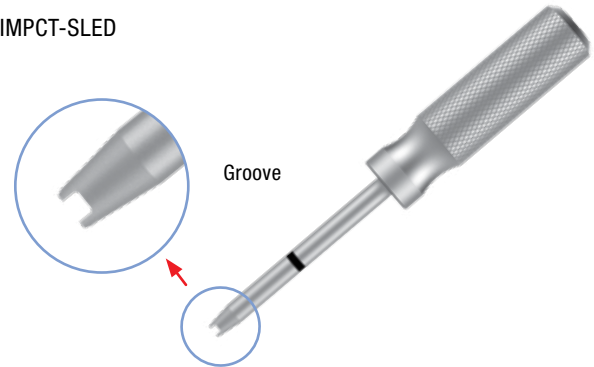
Ankle Hook Plate Drill Guide

- GDAH00K-2.0



Impactor

- IMPCT-SLED



TriMed, Inc. / 27533 Avenue Hopkins / Santa Clarita, CA 91355 USA / 800-633-7221 / www.trimedortho.com

The technique presented is one suggested surgical technique. The decision to use a specific implant and the surgical technique must be based on sound medical judgment by the surgeon that takes into consideration factors such as the circumstances and configuration of the injury.

This document is controlled by TriMed, Inc. When downloaded, printed, and/or copied, this document becomes uncontrolled, and users should always check trimedortho.com for the latest version.

For indications, contraindications, warnings and precautions related to TriMed Ankle Fixation System reference IFU on trimedortho.com/ifu.

See trimedortho.com/patents for all patent information.

CE
1639