











# TriMed<sup>®</sup> Wonder Women of Hand Surgery

September 16, 2023 Graduate Hotel, Nashville, TN









# Wonder Women of Hand Surgery

September 16, 2023 | Nashville, TN



*Courtesy of Dr. Maria C. Rodriguez* 

## **Surgeon Faculty**

Melissa S. Arief, MD Orthopaedic Hand Surgery Baylor St. Luke's Medical Group Houston, TX

Nichole A. Joslyn-Eastham, MD Plastic and Reconstructive Hand Surgeon Reno Orthopaedic Clinic Reno, NV

#### Amy M. Moore, MD, FACS

Professor and Chair Plastic and Reconstructive Surgery Ohio State University Wexner Medical Center Columbus, OH

#### Julia A.V. Nuelle, MD, FAAOS

Hand and Microvascular Surgeon Associate Residency Program Director Assistant Professor of Orthopaedic Surgery Missouri Orthopaedic Institute University of Missouri Columbia, MO

Diane E.S. Payne MD, MPT

Piedmont Orthopedics OrthoAtlanta Atlanta, GA

#### María Cristina Rodríguez, MD

Orthopaedic Surgeon Hand and Trauma Specialist Hospital Serena Del Mar, Cartagena Colombia

#### Amelia A. Sorensen, MD

Program Director Orthopedic Surgery Residency Orthopedic Surgery Medical Student Clerkship Director Associate Professor University of Missouri Kansas City, MO

#### Angela A. Wang, MD

Professor of Orthopaedic Surgery Program Director Hand Microvascular Surgery Fellowship University of Utah Salt Lake City, UT

# **Program Agenda**

### Friday, September 15

6:00 pm - 9	9:00 pm Welcome Reception	12:05 pm	Lunch
		1:05	Sawbone Lab (Other TriMed Systems)
Saturday, September 16		1:35	Leadership & White Coats: Goals, Grit, and Joy
7:00 am	Breakfast		Amy M. Moore, MD, FACS
8:00	Welcome and Opening Remarks Jennie Shaw	1:50	Impostor Phenomenon Not Imposter Syndrome <i>Moderator</i> : Melissa S. Arief, MD
8:10	<b>Volar Plating: The Bread and Butter of Your Practice</b> Diane E.S. Payne, MD, MPT	2:05	Role of Mentorship and Mentoring Angela A. Wang, MD
8:25	<b>Complex Wrist Fractures: The Sky Is the Limit</b> Maria Cristina Rodriguez, MD	2:20	Panel Discussion: The Reality of Contract Negotiations
8:40	<b>Surgical Approaches to the Columns of the Wrist</b> Diane E.S. Payne, MD, MPT Maria Cristina Rodriguez, MD		<i>Moderator</i> : Melissa S. Arief, MD <i>Panel</i> : Amy M. Moore, MD, FACS Julia A.V. Nuelle, MD, FAAOS Diane E.S. Payne, MD, MPT
8:55	Panel Discussion: Choosing Your Hardware	3:05	Break
	<i>Moderator</i> : Diane E.S. Payne, MD, MPT <i>Panel</i> : Nichole A. Joslyn-Eastham, MD Maria Cristina Rodríguez, MD Amelia A. Sorensen, MD	3:20	Best of Both Worlds: Orthopedic Practice and Personal Life Julia A.V. Nuelle, MD, FAAOS
9:30	Sawbone Lab (Volar Plates)	3:35	The Brand of "You"
10:15	Break		Diane E.S. Payne, MD, MPT
10:35	Growing as a Surgeon Post Fellowship Nichole A. Joslyn-Eastham, MD	3:50	WOGO: Thinking on a Global Scale Women's Ortho Global Outreach
10:50	Nailed It! Small Threaded IM Nails Amelia A. Sorensen, MD	4:05	Empower Hour: "Ask Us Anything" Panel
		5:00	Adjourn
11:05	Panel Discussion: Unexpected Pitfalls (of ORIF) Moderator: Melissa S. Arief, MD Panel: Nichole A. Joslyn-Eastham, MD Julia A.V. Nuelle, MD, FAAOS Maria Cristina Rodriguez, MD Angela A. Wang, MD	6:00 pm	Cocktail Reception & Dinner

### To RSVP, please contact:

Jaimie Parker, Event Manager jaimieparker@trimedortho.com

Jennie Shaw, VP of Sales jennieshaw@trimedortho.com

