



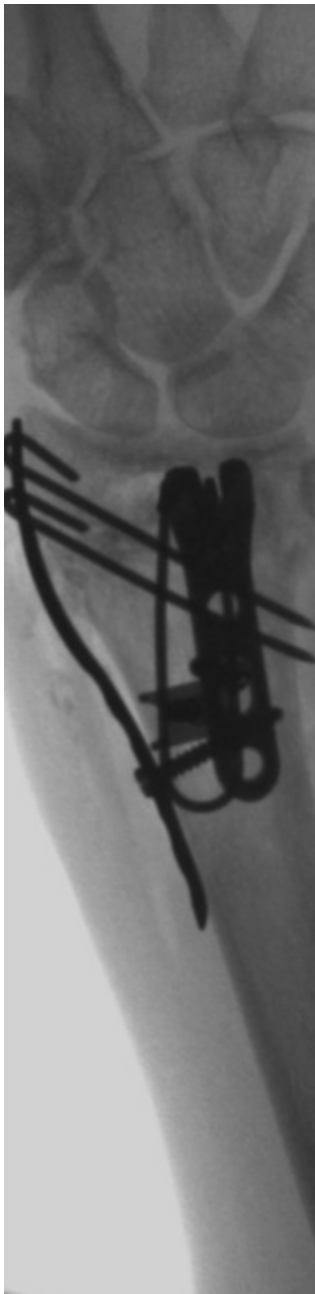
# Upper Extremity Seminar

May 1-2, 2026

W Nashville  
300 12th Ave S  
Nashville, TN 37203

# Upper Extremity Seminar

May 1-2, 2026 | Nashville, TN



## Surgeon Faculty

### **Jonathan L. Bass, BS, MD**

Assistant Professor  
Hansjörg Wyss Department of Plastic Surgery  
Program Director - Plastic Surgery Hand Program  
New York University  
New York, NY

### **Abhiram R. Bhashyam, MD, PhD**

Assistant Professor of Orthopedic Surgery  
Massachusetts General Hospital  
Harvard Medical School  
Boston, MA

### **Chelsea C. Boe, MD**

Assistant Professor, Department of Orthopedic Surgery  
and Sports Medicine  
Adjunct Assistant Professor, Division of Plastic Surgery,  
Department of Surgery  
University of Washington  
Seattle, WA

### **Karan A. Desai, MD**

Hand, Upper Extremity, and Nerve Surgery  
Research Director Hand and Upper  
Extremity Fellowship  
Orlando Health Jewett Orthopedic Institute  
Orlando, FL

### **Michael R. Hausman, MD**

Lippmann Professor of Orthopedic Surgery  
Chief, Hand and Elbow Surgery  
Vice Chairman, Department of Orthopedic Surgery  
Mount Sinai Medical Center  
New York, NY

### **Robert J. Medoff, MD**

Assistant Clinical Professor  
University of Hawaii  
Honolulu, HI

### **Luke T. Nicholson, MD**

Assistant Professor of Orthopaedic Surgery  
Associate Program Director of Residency  
University of Southern California  
Los Angeles, CA

### **Nicholas A. Pulos, MD**

Assistant Professor  
Department of Orthopaedic Surgery  
Mayo Clinic  
Rochester, MN

### **Todd B. Rubin, MD**

Hand and Upper Extremity Surgery  
Hughston Clinic Orthopaedics  
Nashville, TN

### **Nicole S. Schroeder, MD**

Professor and Chief of Hand  
Elbow and Peripheral Nerve Service  
Department of Orthopaedic Surgery  
University of California San Francisco  
San Francisco, CA

### **Alexander Y. Shin, MD**

Professor and Consultant of Orthopaedic Surgery  
Department of Orthopaedic Surgery  
Division of Hand Surgery  
Mayo Clinic  
Rochester, MN

### **Nicole A. Zelenski, MD**

Assistant Professor  
Emory University School of Medicine  
Atlanta, GA

## Register Now!

Faculty and agenda subject to change  
For updated seminar information, please visit [www.trimedortho.com](http://www.trimedortho.com)

# Program Agenda

## Friday, May 1, 2026

7:00 am - 7:50 am	<b>Breakfast</b>
8:00 am - 8:10 am	<b>Welcome</b> Jim Fassett
8:15 am - 8:30 am	<b>A Century of Treatment of Distal Radius Fractures - Are We Closer to Perfection?</b> Alexander Y. Shin, MD
8:35 am - 8:50 am	<b>Neglected Radiology of the Distal Radius</b> Robert J. Medoff, MD
8:55 am - 9:10 am	<b>Principles and Errors of Volar Plating</b> Nicole S. Schroeder, MD
9:15 am - 9:30 am	<b>Bridge Plate Done Right - What Are We Doing Right and What Are We Doing Wrong?</b> Chelsea C. Boe, MD
9:35 am - 9:40 am	<b>Introduction to Volar Plate / Bridge Plate Lab:</b> Nicholas A. Pulos, MD
9:45 am - 10:20 am	<b>Sawbone Lab: Volar Plating, Coronal Alignment and Bridge Plating</b>
10:20 am - 10:30 am	<b>Break</b>
	<b>Fragment-Specific Symposium:</b>
10:30 am - 10:45 am	<b>Why Fragment Specific Fixation: Biomechanics and Principles</b> Nicholas A. Pulos, MD
	<b>The Components:</b>
10:50 am - 11:00 am	<b>Volar Ulnar Corner Fixation Options</b> Karan A. Desai, MD
11:05 am - 11:15 am	<b>Dorsal Wall, Intra-articular and Dorsal Corner Fixation</b> Abhiram R. Bhashyam, MD, PhD
11:20 am - 11:30 am	<b>Radial Column Fixation</b> Todd B. Rubin, MD
11:35 am - 11:45 am	<b>Solutions for the Fractured Ulnar Column and Associated TFCC</b> Jonathan L. Bass, BS, MD
11:50 am - 12:05 pm	<b>Assessment of Reduction: Flouro, Arthroscopy, Arthrotomy? How Should I Assess</b> Michael R. Hausman, MD
12:10 pm - 12:30 pm	<b>Surgical Approaches of the Distal Radius</b> Alexander Y. Shin, MD & Robert J. Medoff, MD
12:30 pm - 1:30 pm	<b>Lunch</b>
1:30 pm - 1:45 pm	<b>Introduction to Fragment Specific Fixation Lab</b> Alexander Y. Shin, MD
1:50 pm - 2:50 pm	<b>Sawbone Lab: Fragment Specific Fixation</b>
2:50 pm - 3:10 pm	<b>Break</b>
3:15 pm - 3:30 pm	<b>Management of Open Complex Distal Radius Fractures</b> Nicole A. Zelenski, MD
3:35 pm - 3:50 pm	<b>Intercarpal Injuries Associated with Distal Radius Fractures</b> Luke T. Nicholson, MD
3:55 pm - 04:40 pm	<b>Case Presentations (DR, Wrist, Fx Dislocations)</b> <b>Moderators:</b> Alexander Y. Shin, MD <b>Panel:</b> All
4:45 pm - 4:50 pm	<b>Announcements and Adjourn</b> Jim Fassett
6:00 pm - 7:00 pm	<b>Cocktail Reception</b>
7:00 pm - 9:00 pm	<b>Dinner</b>

## Saturday May 2, 2026

7:20 am - 8:05 am	<b>Breakfast</b>
8:05 am - 8:10 am	<b>Welcome/House Keeping</b> Jim Fassett
8:15 am - 8:30 am	<b>Ulnar Shortening and Radial Osteotomy Techniques</b> Abhiram R. Bhashyam, MD, PhD
8:35 am - 8:50 am	<b>Small Threaded IM Nails for Metacarpal and Phalangeal Fractures</b> Jonathan L. Bass, BS, MD
8:55 am - 9:10 am	<b>Approach to Olecranon and Unstable Coronoid Injuries</b> Michael R. Hausman, MD
9:15 am - 9:30 am	<b>Scaphoid Fractures: Does Fixation Matter: Pins/Screws/Plates</b> Luke T. Nicholson, MD
9:35 am - 9:50 am	<b>Carpal Salvage: How to do the 4 Corner Fusion Right</b> Karan A. Desai, MD
9:50 am - 10:10 am	<b>Break</b>
10:10 am - 10:20 am	<b>Introduction to Lab:</b> Robert J. Medoff, MD
10:20 am - 11:05 am	<b>Sawbone Lab: Hand Fractures, IM Nails, Ulnar Shortening, Fusion Cup, Olecranon Fixation</b>
11:05 am - 12:05 pm	<b>Controversies in Upper Extremity Surgery Symposium Part 1</b> <b>Controversy 1: Radial Nerve Palsy: Tendon Transfers or Nerve Transfers or Nerve Grafts</b> <b>Moderator:</b> Alexander Y. Shin, MD <b>Panel:</b> Jonathan L. Bass, BS, MD, Karan A. Desai, MD, Nicole A. Zelenski, MD <b>Controversy 2: Proximal Pole Scaphoid Nonunions: Salvage, MFT, Hamate, OATs?</b> <b>Moderator:</b> Nicholas A. Pulos, MD <b>Panel:</b> Luke T. Nicholson, MD, Nicole S. Schroeder, MD, Todd B. Rubin, MD
12:05 pm - 1:05 pm	<b>Lunch</b>
1:10 pm - 2:10 pm	<b>Controversies in Upper Extremity Surgery Symposium Part 2</b> <b>Controversy 3: Management of the Arthritic DRUJ associated with DR Fractures: Darrach, Sauve-Kapanji, Interposition or Arthroplasty?</b> <b>Moderator:</b> Michael R. Hausman, MD <b>Panel:</b> Chelsea C. Boe, MD, Abhiram R. Bhashyam, MD, PhD, Robert J. Medoff, MD <b>Controversy 4: Neuroma Management: TMR, RPNI, Road to Nowhere, Cut and Burry</b> <b>Moderator:</b> Karan A. Desai, MD <b>Panel:</b> Alexander Y. Shin, MD, Jonathan L. Bass, BS, MD, Nicole A. Zelenski, MD
2:15 pm - 2:25 pm	<b>Malunion Management: Intra-articular, Extra-articular, Techniques</b> Robert J. Medoff, MD
2:30 pm - 3:30 pm	<b>Disasters from the Masters Each Faculty to Present a Disaster, Lessons Learned</b>
3:35 pm - 3:40 pm	<b>Closing Comments</b> Jim Fassett
3:45 pm	<b>Adjourn</b>

For registration, contact:  
[events@trimedortho.com](mailto:events@trimedortho.com)



This educational program is organized  
and administered by TriMed.